Website Corrections

# ✅ Home Page

- Why Choose Us: Replace the current workout image with a new one.

# ✅ Categories Page

## 🔸 Elite Plus

1. CABLE CROSS: Increase image size.

2. Dip & Chin: Replace with full image.

## 🔸 Elite

1. Seated Leg Curl & Leg Extension: Convert both to PNG format.

2. Triceps Push Down: Remove.

## 🔸 Pro

1. Rename BENCH PRESS MACHINE to MULTI PRESS MACHINE.

2. CABLE CROSS OVER Adj: Increase image size.

## 🔸 Free Weights

1. HYPER EXTENSION: Convert to PNG and rotate image to face upward.

2. INDEPENDENT ARM CURL: Duplicate present – remove one.

3. Replace all cropped images with full images.

4. Remove the combined machine: VERTICAL KNEE RAISE + PARALLEL BAR + CHIN UP.

5. Add: Dual Axis Incline Bench.

## 🔸 Racks & Benches

Replace all cropped images with full images.

## 🔸 Outdoor Gym

1. Convert all images to PNG format.

2. Fix Bridge Ladder alignment.

# ✅ About Us

Remove: “Our Trainer – Meet Our Amazing Team” section.

# ✅ Gallery

Remove the 9th and 10th images.

# ✅ Contact Us

1. Address Update:  
 International Fitness Systems  
 Choondacherry, Bharananganam Pravithanam Rd,  
 Pala, Kerala 686579

2. "Send Us a Message" Image: Change to a contact-related visual.

# ✅ Footer

1. Categories Page: Add Elite Plus (if missing).

2. Home Page: Ensure all categories are correctly listed.